AKUI KAMALABALA WOMEN'S COLLEGE

NAAC

CYCLE – 1

(2018-19 TO 2022-23)

Criterion- 7

Institutional Values and Best Practices

7.2 Best Practices

7.2.1 - Two Best Practices successfully implemented by the Institution

Relevant Information

akw.college@gmail.com

www.akuiwomenscollege.org

AKUI KAMALABALA WOMEN'S COLLEGE

BEST PRACTICE - 1

AATMAVISHVAAS: CULTIVATING GIRLS' CONFIDENCE AND LEADERSHIP

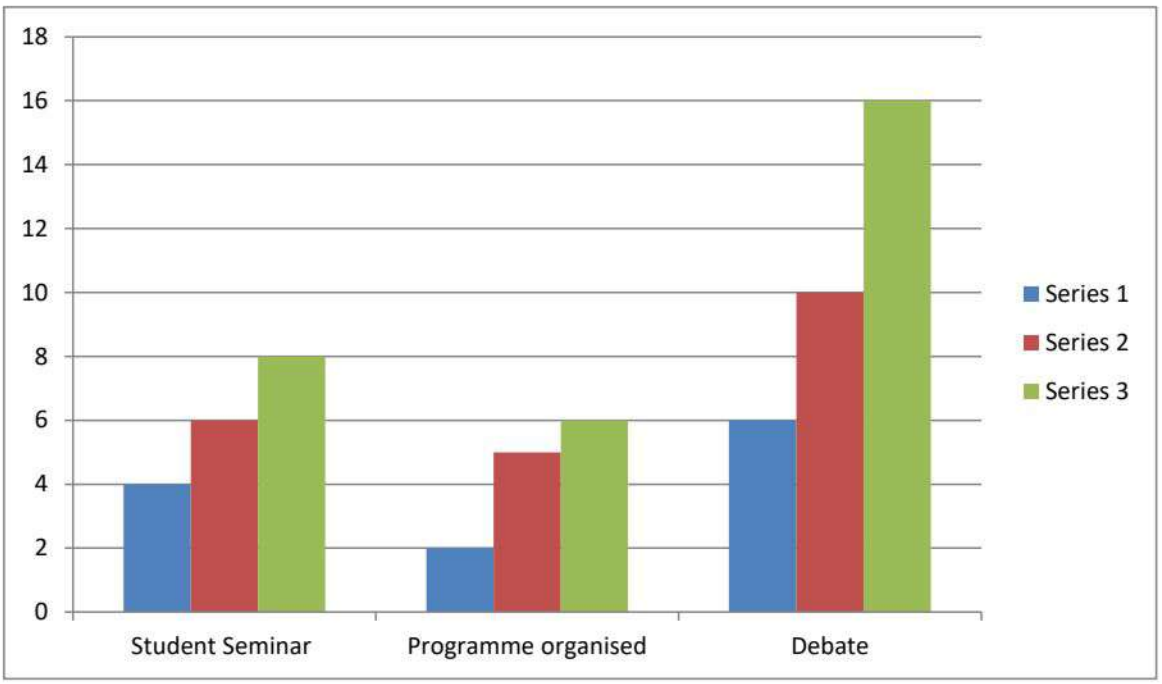
AKUI KAMALABALA WOMEN'S COLLEGE

SELF CONFIDENCE

STUDENT SEMINAR

PROGRAM ORGANISED BY STUDENT

DEBATE ON " IS SOCIAL MEDIA A BLESSING OR A CURSE?"



SUCCESS/OUTCOME

AKUI KAMALABALA WOMEN'S COLLEGE

PREAPARATION FOR COMPETITIVE EXAMINATION

Collected Questions and Answers from students

Sakina Khatun
Sem – 2
UID – 23241201022
MJ – Bengali

1) ছোটোগল্প শব্দটি কে সর্বপ্রথম প্রচলন করেন?
→ পেরাচেট্টামঙ্গলম,

2) 'Dictionary of Geography' গ্রন্থটির লেখক কে?
→ ডাডলে স্ট্যামপ,

3) বৈকাল ঐক্য কোথায় দেখা যায়?
→ রাশিয়ায় দেখা যায়,

4) হিমালয়ের অঞ্চল সৃষ্টি গুলির মধ্যে সর্বাপেক্ষা প্রাচীনতম শৃঙ্গ কোনটি?
→ হিমাদ্রি,

5) ভারত সালে 'মাত্রিক বিপ্লব'-এর (Quantitative Revolution) সূচনা হয়,
→ 1960 সালে সূচনা হয়

Sakina Khatun
Sem – 2
UID – 23241201022
MJ – Bengali

1) ছোটোগল্প শব্দটি কে সর্বপ্রথম প্রচলন করেন?
→ পেরাচেট্টামঙ্গলম,

2) 'Dictionary of Geography' গ্রন্থটির লেখক কে?
→ ডাডলে স্ট্যামপ,

3) বৈকাল ঐক্য কোথায় দেখা যায়?
→ রাশিয়ায় দেখা যায়,

4) হিমালয়ের অঞ্চল সৃষ্টি গুলির মধ্যে সর্বাপেক্ষা প্রাচীনতম শৃঙ্গ কোনটি?
→ হিমাদ্রি,

5) ভারত সালে 'মাত্রিক বিপ্লব'-এর (Quantitative Revolution) সূচনা হয়,
→ 1960 সালে সূচনা হয়

Answer scripts of Mock Test (Set – 1 to 4)

AKUI KAMALABALA WOMEN'S COLLEGE ESTD.-2016 AKUI, BANKURA

70

Akui Kamaalabala women's College
Mock test for Competitive examination
SET 3

Name of the Student: Ankita Bakshit

Nandi Maity 30.3.23

35×2

1.	ⓐ	ⓑ	ⓒ	●	18.	ⓐ	ⓑ	ⓒ	●
2.	ⓐ	ⓑ	ⓒ	●	19.	ⓐ	ⓑ	ⓒ	●
3.	●	ⓑ	ⓒ	ⓓ	20.	●	ⓑ	ⓒ	ⓓ
4.	ⓐ	ⓑ	ⓒ	●	21.	ⓐ	●	ⓒ	ⓓ
5.	ⓐ	ⓑ	ⓒ	●	22.	ⓐ	ⓑ	ⓒ	●
6.	ⓐ	ⓑ	ⓒ	●	23.	ⓐ	●	ⓒ	ⓓ
7.	●	ⓑ	ⓒ	ⓓ	24.	ⓐ	ⓑ	ⓒ	●
8.	ⓐ	ⓑ	●	ⓓ	25.	ⓐ	ⓑ	ⓒ	ⓓ
9.	ⓐ	ⓑ	●	ⓓ	26.	ⓐ	ⓑ	ⓒ	ⓓ
10.	ⓐ	ⓑ	●	ⓓ	27.	ⓐ	●	ⓒ	ⓓ
11.	ⓐ	ⓑ	●	ⓓ	28.	ⓐ	●	ⓒ	ⓓ
12.	ⓐ	ⓑ	●	ⓓ	29.	ⓐ	●	ⓒ	ⓓ
13.	ⓐ	ⓑ	●	ⓓ	30.	ⓐ	●	ⓒ	ⓓ
14.	ⓐ	ⓑ	●	ⓓ	31.	ⓐ	●	ⓒ	ⓓ
15.	●	ⓑ	ⓒ	ⓓ	32.	ⓐ	ⓑ	ⓒ	●
16.	●	ⓑ	ⓒ	ⓓ	33.	●	ⓑ	ⓒ	ⓓ
17.	ⓐ	●	ⓒ	ⓓ	34.	ⓐ	●	ⓒ	ⓓ

35.	ⓐ	ⓑ	ⓒ	●
36.	ⓐ	ⓑ	●	ⓓ
37.	●	ⓑ	ⓒ	ⓓ
38.	●	ⓑ	ⓒ	ⓓ
39.	●	ⓑ	ⓒ	ⓓ
40.	ⓐ	●	ⓒ	ⓓ
41.	ⓐ	●	ⓒ	ⓓ
42.	ⓐ	●	ⓒ	ⓓ
43.	ⓐ	ⓑ	ⓒ	ⓓ
44.	●	ⓑ	ⓒ	ⓓ
45.	ⓐ	●	ⓒ	ⓓ
46.	ⓐ	ⓑ	●	ⓓ
47.	ⓐ	●	ⓒ	ⓓ
48.	ⓐ	●	ⓒ	ⓓ
49.	●	ⓑ	ⓒ	ⓓ
50.	ⓐ	●	ⓒ	ⓓ

AKUI KAMALABALA WOMEN'S COLLEGE ESTD.-2016 AKUI, BANKURA

Akui Kamaalabala women's College
Mock test for Competitive examination
SET 4

Name of the Student: Poulomi Basu

Akui 28/06/23

45×2=90

1.	ⓐ	ⓑ	●	ⓓ	18.	ⓐ	●	ⓒ	ⓓ
2.	ⓐ	ⓑ	●	ⓓ	19.	ⓐ	●	ⓒ	ⓓ
3.	ⓐ	●	ⓒ	ⓓ	20.	ⓐ	ⓑ	ⓒ	●
4.	ⓐ	ⓑ	●	ⓓ	21.	ⓐ	ⓑ	●	ⓓ
5.	ⓐ	●	ⓒ	ⓓ	22.	ⓐ	●	ⓒ	ⓓ
6.	ⓐ	ⓑ	●	ⓓ	23.	●	ⓑ	ⓒ	ⓓ
7.	ⓐ	ⓑ	●	ⓓ	24.	ⓐ	●	ⓒ	ⓓ
8.	ⓐ	ⓑ	●	ⓓ	25.	ⓐ	ⓑ	●	ⓓ
9.	ⓐ	●	ⓒ	ⓓ	26.	ⓐ	ⓑ	ⓒ	●
10.	ⓐ	ⓑ	ⓒ	●	27.	●	ⓑ	ⓒ	ⓓ
11.	ⓐ	ⓑ	ⓒ	●	28.	●	ⓑ	ⓒ	ⓓ
12.	ⓐ	ⓑ	●	ⓓ	29.	ⓐ	ⓑ	ⓒ	●
13.	ⓐ	ⓑ	●	ⓓ	30.	ⓐ	ⓑ	●	ⓓ
14.	ⓐ	●	ⓒ	ⓓ	31.	ⓐ	ⓑ	●	ⓓ
15.	ⓐ	ⓑ	ⓒ	●	32.	ⓐ	ⓑ	●	ⓓ
16.	ⓐ	●	ⓒ	ⓓ	33.	●	ⓑ	ⓒ	ⓓ
17.	ⓐ	ⓑ	●	ⓓ	34.	ⓐ	ⓑ	●	ⓓ

35.	ⓐ	ⓑ	ⓒ	●
36.	ⓐ	ⓑ	ⓒ	●
37.	●	ⓑ	ⓒ	ⓓ
38.	ⓐ	ⓑ	●	ⓓ
39.	ⓐ	ⓑ	ⓒ	●
40.	ⓐ	ⓑ	ⓒ	●
41.	●	ⓑ	ⓒ	ⓓ
42.	ⓐ	●	ⓒ	ⓓ
43.	ⓐ	●	ⓒ	ⓓ
44.	ⓐ	ⓑ	ⓒ	●
45.	ⓐ	ⓑ	ⓒ	●
46.	ⓐ	ⓑ	●	ⓓ
47.	ⓐ	ⓑ	●	ⓓ
48.	ⓐ	ⓑ	●	ⓓ
49.	●	ⓑ	ⓒ	ⓓ
50.	ⓐ	ⓑ	●	ⓓ

Akui Kamaalabala women's College
Mock test for Competitive examination
SET 3

Name of the Student: Ankita Bakshit

70

35×2

1.	a	b	c	●	18.	a	b	c	●	35.	a	b	c	●
2.	a	b	c	●	19.	a	b	c	●	36.	a	b	●	d
3.	●	b	c	d	20.	●	b	c	d	37.	●	b	c	d
4.	a	b	c	●	21.	a	●	c	d	38.	●	b	c	d
5.	a	b	c	●	22.	a	b	c	●	39.	●	b	c	d
6.	a	b	c	●	23.	a	●	c	d	40.	a	●	c	d
7.	●	b	c	d	24.	a	b	c	●	41.	a	●	c	d
8.	a	b	●	d	25.	a	b	c	d	42.	a	●	c	d
9.	a	b	●	d	26.	a	b	c	d	43.	a	b	c	d
10.	a	b	●	d	27.	a	●	c	d	44.	●	b	c	d
11.	a	b	●	d	28.	a	●	c	d	45.	a	●	c	d
12.	a	b	●	d	29.	a	●	c	d	46.	a	b	●	d
13.	a	b	●	d	30.	a	●	c	d	47.	a	●	c	d
14.	a	b	●	d	31.	a	●	c	d	48.	a	●	c	d
15.	●	b	c	d	32.	a	b	c	●	49.	●	b	c	d
16.	●	b	c	d	33.	●	b	c	d	50.	a	●	c	d
17.	a	●	c	d	34.	a	●	c	d					

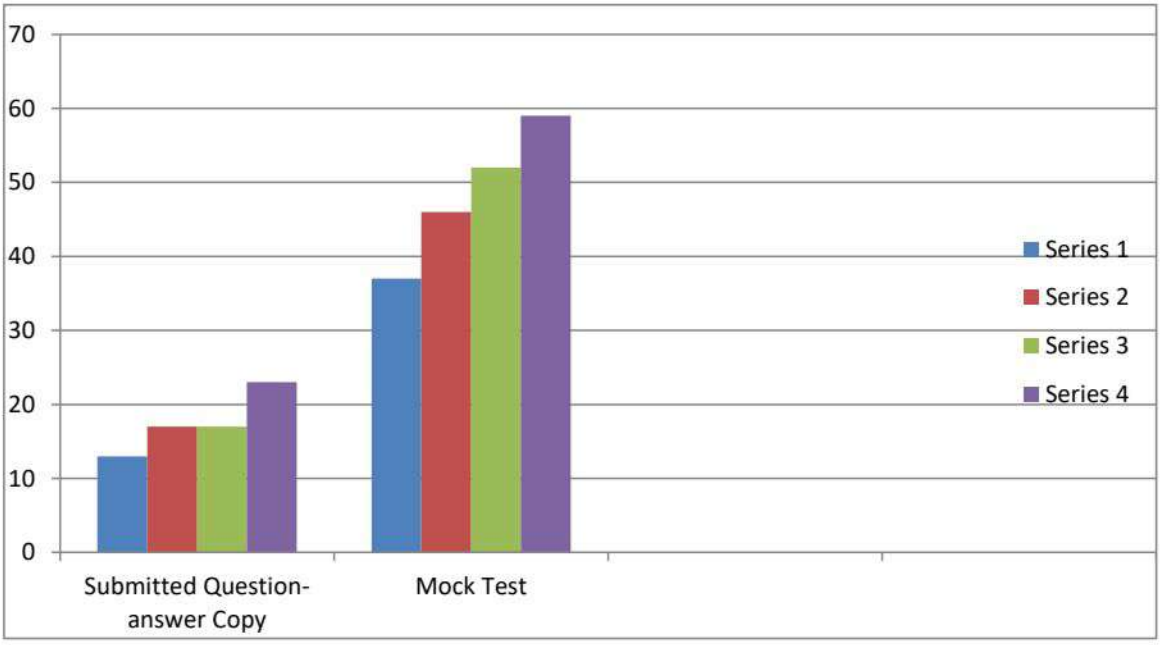
Akui Kamaalabala women's College
Mock test for Competitive examination
SET 4

Name of the Student: Poulomi Basu

45×2=90

1.	a	b	●	d	18.	a	●	c	d	35.	a	b	c	●
2.	a	b	●	d	19.	a	●	c	d	36.	a	b	c	●
3.	a	●	c	d	20.	a	b	c	●	37.	●	b	c	d
4.	a	b	●	d	21.	a	b	●	d	38.	a	b	●	d
5.	a	●	c	d	22.	a	●	c	d	39.	a	b	c	●
6.	a	b	●	d	23.	●	b	c	d	40.	a	b	c	●
7.	a	b	●	d	24.	a	●	c	d	41.	●	b	c	d
8.	a	b	●	d	25.	a	b	●	d	42.	a	●	c	d
9.	a	●	c	d	26.	a	b	c	●	43.	a	●	c	d
10.	a	b	c	●	27.	●	b	c	d	44.	a	b	c	●
11.	a	b	c	●	28.	●	b	c	d	45.	a	b	c	●
12.	a	b	●	d	29.	a	b	c	●	46.	a	b	●	d
13.	a	b	●	d	30.	a	b	●	d	47.	a	b	●	d
14.	a	●	c	d	31.	a	b	●	d	48.	a	b	●	d
15.	a	b	c	●	32.	a	b	●	d	49.	●	b	c	d
16.	a	●	c	d	33.	●	b	c	d	50.	a	b	●	d
17.	a	b	●	d	34.	a	b	●	d					

Photographs of Mock Test



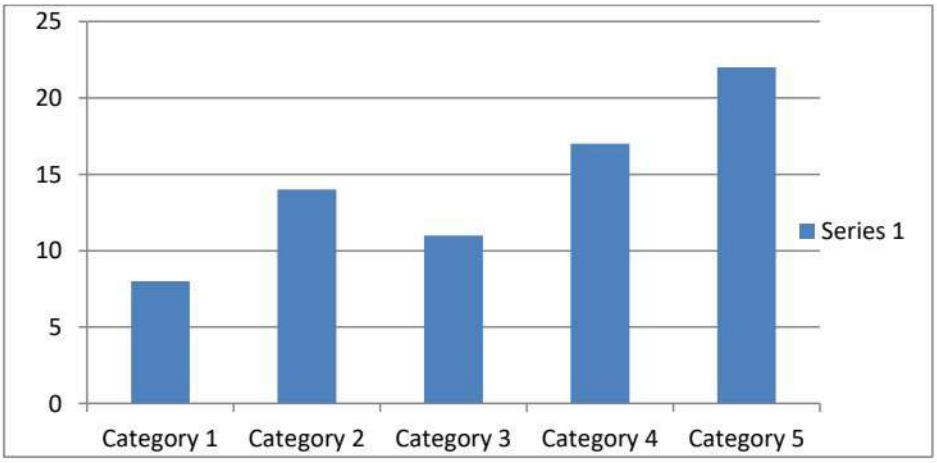
SUCCESS/OUTCOME

AKUI KAMALABALA WOMEN'S COLLEGE

IMPROVE PUBLIC SPEAKING SKILLS

MOTIVATIONAL CLASS

PUBLIC COMMUNICATION



- **CATEGORY = STUDENTS PARTICIPANTS IN OUTREACH PROGRAMME**

SUCCESS/OUTCOME

AKUI KAMALABALA WOMEN'S COLLEGE

LEARN NEW THINGS

Recitation

Role Play

Go As You Like

AKUI KAMALABALA WOMEN'S COLLEGE

BEST PRACTICE – 2

PROMOTING WOMEN HEALTH & HYGIENE:

THE BENEFITS OF USING SANITARY PAD

AKUI KAMALABALA WOMEN'S COLLEGE

Promoting Women Health & Hygiene: The Benefits of using Sanitary Pad

Target Village to Promote Awareness: ***Akui Jamai Para***

Sl.No.	Name	Signature	Sanitary Pad Received
1	ARATI HAZRA		
2	CHANDANA SINGH		
3	MADHABI HAZRA		
4	MANGALA ROY		
5.	SUJATA SINGH		
6	SIMA SINGH		
7	SIKHA HAZRA		
8	RIMPA HAZRA	Rimpa Hazra	Rimpa Hazra
9.	SAMPURNA ROY	Sampurna Roy	Sampurna Roy
10	MANGALA HALDA		
11	JHUMA ROY	ঝুমা রায়	
12	SONALI HAZRA	সোনালী হাজরা	সোনালী হাজরা
13	SANTANA ROY	সান্তনা রায়	সান্তনা রায়
14.	PRATIMA HAZRA		

Date: 20/11/2021

Indrani Haldi

23.11.2021

Principal
Akui Kamalabala Women's College
Akui, Bankura

AKUI KAMALABALA WOMEN'S COLLEGE ESTD.-2016 AKUI, BANKURA

AKUI KAMALABALA WOMEN'S COLLEGE

Promoting Women Health & Hygiene: The Benefits of using Sanitary Pad

Target Village to Promote Awareness: ***Akui Jamai Para***

Sl.No.	Name	Signature	Sanitary Pad Received
15.	HIRA ROY	Hirut	
16	BULTI AMAZRA	Amit	
17	RITA ROY	Amit	
18	KAJOL ROY	Kajol Roy	Kajol Roy
19.	SANGEETA ROY	Sangita Roy	Sangita Roy
20	SHULI SINGH	Shali Singh	Shali Singh
21	SUSMITA ROY	সুস্মিতা রায়	সুস্মিতা
22	MONIMALA ROY	Monimala Roy	

Date: 23/11/2021

Indrani Hajhi Shit

AKUI KAMALABALA WOMEN'S COLLEGE ESTD.-2016 AKUI, BANKURA

23.11.2021

Principal
Akui Kamalabala Women's College
Akui, Bankura

AKUI KAMALABALA WOMEN'S COLLEGE

Promoting Women Health & Hygiene: The Benefits of using Sanitary Pad

Target Village to Promote Awareness: ***Akui Jamai Para***

Sl.No.	Name	Signature	Sanitary Pad Received
1	Tumpa Majhi	Sshit	
2.	Monimala hazra	মনিমালা হাজরা	
3.	Brishti hazra	বৃষ্টি হাজরা	বৃষ্টি হাজরা
4.	Susmita Ray	Susmita Roy	Susmita Roy
5.	Sanchita Ray	Sanchita ROY	Sanchita ROY
6.	Tinku Ghosh	Sshit	
7.	Ananya Rudra	Sshit	
8.	Mantai Mondal	Sshit	
9.	Brishti Tah	Sshit	
10.	Trisha Ruidas	Sshit	
11.	Riya Panja	Sshit	
12.	Shreya Dutta	Sshit	
13.	Rimpa Dey	Rimpa Dey	
14.	Arpita kundu	Sshit	

Date: 12/05/2022

Indrani Majhi Sshit

AKUI KAMALABALA WOMEN'S COLLEGE ESTD.-2016 AKUI, BANKURA

18.05.2022

Principal
Akui Kamalabala Women's College
Akui, Bankura

AKUI KAMALABALA WOMEN'S COLLEGE

Promoting Women Health & Hygiene: The Benefits of using Sanitary Pad

Target Village to Promote Awareness: ***Akui Jamai Para***

Sl.No.	Name	Signature	Sanitary Pad Received
15.	Kadam Ray	Sshit	Sshit
16.	Soma Aditya	Soma Aditya	Soma Aditya
17	Rasimoni Aditya	Rasimoni Aditya	Rasimoni Aditya
18	PIU Day	PIU Day	PIU Day
19	Nirupoma Roy	Nirupoma Roy	Nirupoma Roy
20	Riya Sarkar	Riya Sarkar	Riya Sarkar
21	Shuli Dey	Shuli Dey	Shuli Dey
22	Manjushree Bej	Manjushree Bej	

Date: 12/05/2022

Indrani Majhi Shit

AKUI KAMALABALA WOMEN'S COLLEGE ESTD.-2016 AKUI BANKURA

18.05.2022

Principal
Akui Kamalabala Women's College
Akui, Bankura

AKUI KAMALABALA WOMEN'S COLLEGE

Promoting Women Health & Hygiene: The Benefits of using Sanitary Pad

Target Village to Promote Awareness: ***Akui Jamai Para***

Sl.No.	Name	Signature	Sanitary Pad Received
1)	সোমা পাত্র	Soma Patra	Soma Patra
2)	Priyanka Ray		Priyanka ROY
3)	Rupa Ray	রূপা রায়	
4)	Lakshmi Roy	Lakshmi ROY	
5)	Rima Bag	Rima Bag (Roy)	
6)	Putul Roy	Sslit	
7)	Bulti Roy	বুল্টি রায়	
8)	Riya Roy	Riya Roy	Riya Roy
9)	Anjali Roy	Sslit	
10)	Thorna Roy	Sslit	Sslit
11)	Sabita mandal	Sabita Mondal.	Sabita Mondal
12)	Rima Mandal	Rima mandal	Rima mandal
13)	Hiya Kundu	হিয়া কুন্ডু	হিয়া কুন্ডু
14)	Ishita Pal	Ishita Pal	Ishita Pal

Date: 09.09.2022

Indrani Hajli Slit

AKUI KAMALABALA WOMEN'S COLLEGE ESTD.-2016 AKUI, BANKURA

12.09.2022

Principal
Akui Kamalabala Women's College
Akui, Bankura

AKUI KAMALABALA WOMEN'S COLLEGE

Promoting Women Health & Hygiene: The Benefits of using Sanitary Pad

Target Village to Promote Awareness: ***Akui Jamai Para***

Sl.No.	Name	Signature	Sanitary Pad Received
15.	Sumona Dey	sdsit	sdsit
16.	Shilpa Panja	Shilpa Panda	Shilpa Panda
17.	Peu Pal	Peu Pal	
18.	Jhuma Pal	Jhuma Pal	Jhuma Pal
19.	Puja Roy	sdsit	sdsit
20.	Koyel Roy	Koyel Roy	Koyel Roy
21.	Riya Roy	sdsit	sdsit
22.	Sukla Dey	Sukla Dey	Sukla Dey
23.	Mousumi Kola	mousumi kala	
24.	Trisha Khan	Trisha Khan	
25.	Tiya Dey	sdsit	sdsit
26.	Rai Pal	Rai Pal	Rai Pal

Date: 09.09.2022

Indrani Najhi sdsit

AKUI KAMALABALA WOMEN'S COLLEGE ESTD.-2016 AKUI, BANKURA

12.09.2022

Principal
Akui Kamalabala Women's College
Akui, Bankura

AKUI KAMALABALA WOMEN'S COLLEGE

Promoting Women Health & Hygiene: The Benefits of using Sanitary Pad

Target Village to Promote Awareness: ***Akui Jamai Para***

Sl.No.	Name	Signature	Sanitary Pad Received
1.	Asha Roy	Asha Roy	Asha Roy
2.	Sumitra Roy		
3.	Soma Roy	Soma Roy	Soma Roy
4.	Subhra Roy	Subhapa Roy	Subhapa Roy
5.	Rima Roy	রিমা রায়	রিমা রায়
6.	Sagar Roy	সাগর রায়	
7.	Purnima Roy		
8.	Kakoli Roy		
9.	Jhumpi Roy		
10.	~~Anusuesha~~ Roy Anisha Roy	Anisha Roy	Anisha Roy
11.	Riya Roy	Riya Roy	Riya Roy
12.	Priya Roy		
13.	Priyanka Roy	Priyanka Roy	Priyanka Roy
14.	Kamala Dey	Kamala Dey	Kamala Dey

Date: 06/04/23

12.4.23

AKUI KAMALABALA WOMEN'S COLLEGE ESTD.-2016 AKUI, BANKURA

12.04.2023

Principal
Akui Kamalabala Women's College
Akui, Bankura

AKUI KAMALABALA WOMEN'S COLLEGE

Promoting Women Health & Hygiene: The Benefits of using Sanitary Pad

Target Village to Promote Awareness: ***Akui Jamal Para***

Sl.No.	Name	Signature	Sanitary Pad Received
15.	Malati Majhi		
16.	Puja Roy		
17.	Rakhi Pahra		
18.	Sandha Dhara	Sandha Dhara	Sandha Dhara
19.	Bristi Das	Bristi Das	Bristi Das
20	Maya Roy		
21.	Anima Dalui		
22	Papri Majhi	Papori Majhi	Papori Majhi
23	Papiya Das	Papiya Das	Papiya Das
24.	Rima Ruidas		
25	Sulakha Roy	Sulakha Roy	Sulakha Roy

Date: 06/04/23

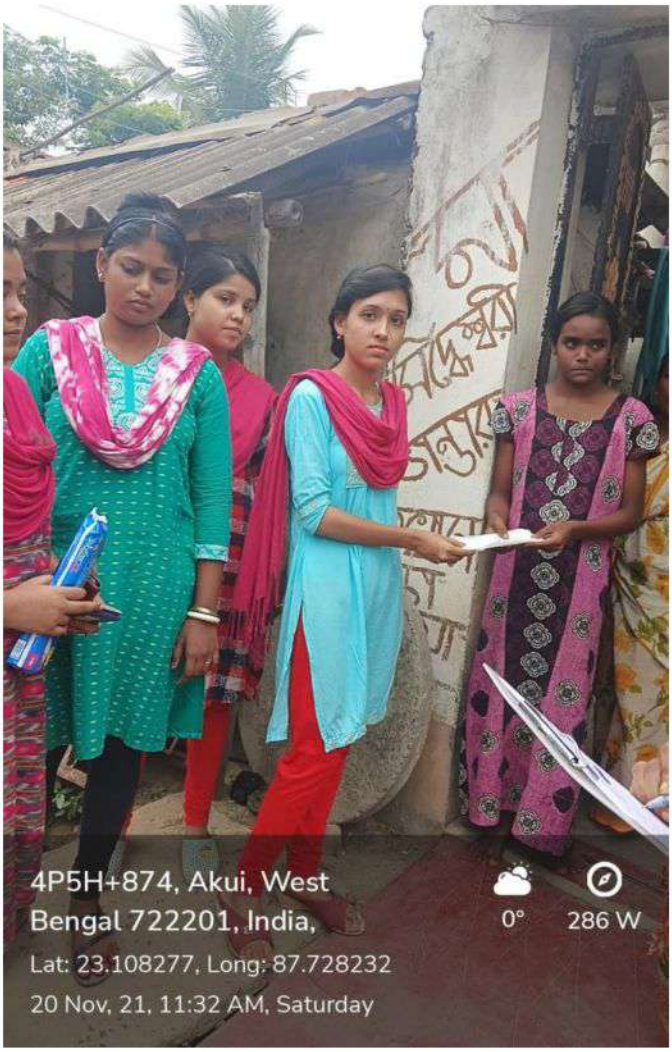
12.4.23

AKUI KAMALABALA WOMEN'S COLLEGE ESTD.-2016 AKUI, BANKURA

12.04.2023

Principal
Akui Kamalabala Women's College
Akui, Bankura

Photographs



Arranged movie show ('Pad Man', a 2018 biographical comedy-drama film written and directed by R. Balki)

AKUI KAMALABALA WOMEN'S COLLEGE

Estd.- 2016

(Affiliated to Bankura University)

Vill. & P.O.- Akui, P.S.- Indas, Dist.- Bankura, Pin-722201

Website: akuiwomenscollege.org :: E-mail: akw.college@gmail.com

Mobile No.: - 9474918607

Ref.No.: ***Date.***

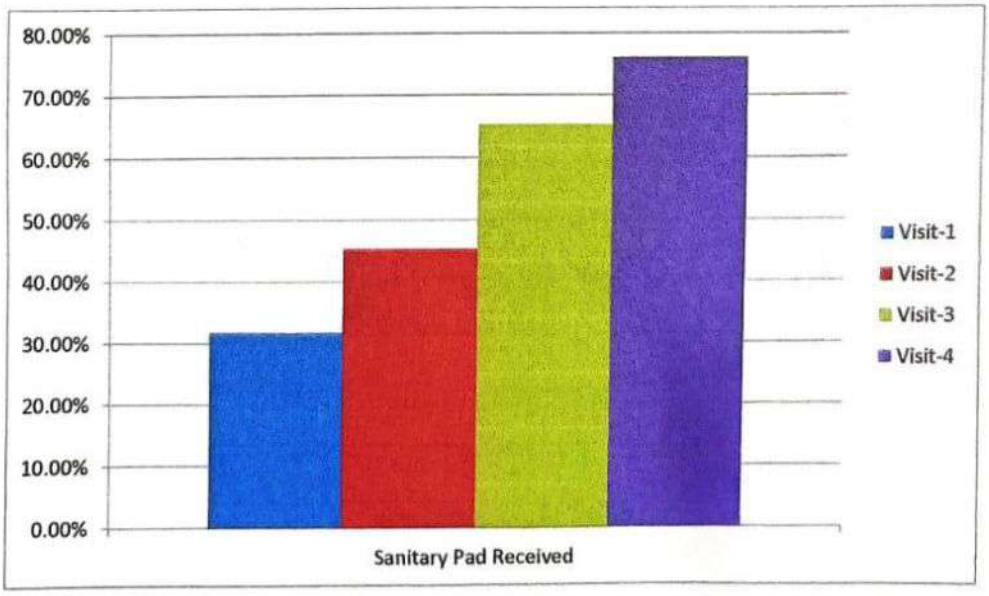
Best Practice

Promoting Women Health and Hygiene: The Benefits of using Sanitary Pads

Place of visit : Akui Jamai Para

Success Report

Date of Visit	No. of Attending	Sanitary Pad Received	Percentage of Sanitary Pad Received
20.11.2021	22	07	31.82%
12.05.2022	22	10	45.45%
09.09.2022	26	17	65.38%
06.04.2023	25	19	76.00%



AKUI KAMALABALA WOMEN'S COLLEGE ESTD.-2016 AKUI, BANKURA

21.06.2024

Principal
Akui Kamalabala Women's College
Akui, Bankura